



YMCA OF FREDERICK COUNTY

Y Leader's Club

Welcome Letter

Dear Parents and Prospective Leaders Club Members,

I would like to take this opportunity to tell you a little bit about our YMCA Leaders Club and to ask for your assistance and support. Please take some time with your teen to read through the attached Leaders Club Enrollment Form and other information. It is important that you help provide complete and accurate information on all forms.

Our Leaders Club is open to any Frederick County resident, ages 12-18. YMCA membership is not required in order for you to participate in Leaders Club. It is a privilege to be a member of the Leaders Club and a responsibility once you are accepted.

The Club's purpose and goals are to enhance the lives of our teens through volunteer efforts, service projects, leadership training, and recreational activities. Personal objectives of club members must be consistent with the overall program and purpose of the YMCA. Club members must have the desire to be of service to the YMCA and the greater Frederick community.

The Leaders Club meets monthly, usually the third Thursday of the month, from 7:00pm-8:30pm in the Youth Center at the Main YMCA. Each meeting lasts about one hour and then we either have a group activity, a hands-on service project, snack and/or free time until 8:30pm. During meetings, we welcome new club members, discuss upcoming events and volunteer opportunities, and cover any issues that concern the Club. Effort is made to bring a guest speaker to each meeting to discuss or present various topics.

I encourage teens and their parents to keep me informed on how things are going at home and at school. I, along with other YMCA staff, are here to help, guide, nurture, and teach. Teens may only be a small population of our membership but they are the majority of our future leaders!



Please do not hesitate to contact me with any questions or concerns.
I am truly looking forward to a productive year!

Sincerely,

Evan Bates
240-549-3314
ebates@frederickymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF FREDERICK COUNTY Y Leader's Club Enrollment Form

Participant's Name: _____ Date of Birth: _____
Address: _____
City: _____ State: _____ Zip: _____
Home Phone: _____ Cell Phone: _____
Email: _____
School: _____ Current Grade: _____
Parent/Guardian's Name: _____
Cell Phone: _____ Email: _____

Emergency Contact Name: _____
Relationship: _____ Phone: _____

Please answer the following questions to help us get to know you better:

1. Why do you want to join the Y Leader's Club?

2. Name two qualities you think a good leader should have:

3. What hobbies do you have?

4. List any activities, clubs, or sports you are involved with:

5. How do you think our group can make a difference in the community?

(Form continued on back.)

THE FOLLOWING MUST BE INITIALED IN ORDER TO PARTICIPATE IN ANY Y PROGRAM/ACTIVITY

1. In initialing this agreement, I certify that I/my child am/is able to participate fully in the program unless otherwise stated in writing to the YMCA. In case of voluntary withdrawal, I understand that there will be no refund of fee for the period concerned. _____
2. In consideration of being allowed to participate in the activities and programs of the YMCA (the "YMCA Programs") and to use the facilities, equipment, and machinery of the YMCA (the "YMCA's Facilities and Equipment"), I/we do hereby waive, release and forever discharge, and indemnify and hold harmless the YMCA and its officers, agents, employees, representatives, and all others from any and all responsibility or liability for injuries or damages, except those caused by the negligent act or omission of any of the foregoing persons or entities, arising out of, resulting from or in connection with my/our use of the YMCA's Facilities and Equipment or my/our participation in any YMCA programs. _____
3. I/We understand that participation in the YMCA Programs and the use of the YMCA's Facilities and Equipment is potentially hazardous. I/We also understand that fitness activities involve a risk of injury and even death and that I/we am/are voluntarily participating in the YMCA Programs and using the YMCA's Facilities and Equipment with knowledge of the dangers involved. I/We hereby agree to expressly assume and accept any and all risks of injury or death. _____
4. I/We understand that the YMCA's Facilities and Equipment and YMCA Programs may not be advisable for certain individuals, including but not limited to elderly persons, pregnant women, persons suffering from heart disease, diabetes, high or low blood pressure and other conditions and illnesses, and persons taking medication. I/We hereby acknowledge that I/We have been advised to seek advice from a physician regarding my/our participation in YMCA Programs or in the use of the YMCA's Facilities and Equipment. I/We also acknowledge that it has been recommended that I/We have a yearly or more frequent physical examination and consultation with my/our physician as to my/our participation in YMCA Programs and my/our use of the YMCA's Facilities and Equipment. I/We acknowledge that I/we have either had a physical examination and have been given my/our physician's permission to participate, or that I/we have decided to participate in YMCA Programs and/or use the YMCA's Facilities and Equipment without the approval of my/our physician and do hereby assume all responsibility for my participation in the YMCA Programs and my/our use of the YMCA's Facilities and Equipment. _____
5. As part of the overall YMCA program, participants occasionally are photographed/videotaped and have work displayed by the YMCA staff. If initialed, you hereby grant permission and approval that you or your child may be photographed or videotaped by YMCA staff, and also that the participant's likeness, name, performance, artwork or written work may be used by the YMCA in any YMCA publications, materials, advertisements, web-site, and programs. *The Frederick YMCA permits individuals to use photographic devices during program instruction with certain stipulations on how and where they can be used. A procedure outlining the parameters of this is posted in most program areas and a copy will be made available to individuals that request it. It is required that an individual that uses photographic devices adhere to this procedure. For your safety and security the YMCA may be monitoring certain areas by video surveillance. _____
6. I authorize the YMCA to provide medical care and seek advanced medical care for myself or my child should the need arise. I also authorize the YMCA to arrange for transport of myself or my child for the purpose of providing medical care, if necessary, at the discretion of the YMCA or medical personnel.

Questions or concerns? Please call 240-549-3314.

PARTICIPANT OPTIONAL AGREEMENTS: PLEASE PRINT NAME AND INITIAL IF AGREEING.

TRANSPORTING FOR PROGRAMS

I understand that some programs involve field trips with travel from the YMCA facility and I give permission to the YMCA to transport me/my child via YMCA vehicle and indemnify and hold harmless the YMCA, its officers, agents, representatives, and employees from any claim for damage or injury to person or property arising out of such transport, except as caused by the gross negligence of the YMCA, its representative, agents or employees.

Participant Name _____ Adult Initials _____

RELEASE OF CHILD

By initialing below, I authorize my child to sign themselves in and out of said program. I release the YMCA from any liability and responsibility for the child once they have signed out of the program and before they have signed in the program. If not initialed, the parent needs to bring the child into said program and sign the child in and pick up the child and sign them out of the program.

Participant Name _____ Adult Initials _____

Participant's Name: _____

Participant's Signature: _____ Date: _____

Parent/Guardian's Name: _____

Participant/Guardian's Signature: _____ Date: _____



YMCA OF FREDERICK COUNTY Y Leader's Club Code Of Conduct Agreement

Please read entire form and sign and date below:

- While you are on YMCA property, you will act respectfully toward the other program participants as well as all YMCA staff and members.
- You are responsible for your own belongings and personal property while at the YMCA. You will also show respect to others' belongings and personal property, as well as the YMCA's property and grounds. The YMCA is not responsible for lost or stolen property; it is recommended you do not bring valuables into the facility, or place them in a locker when you are here. All property brought into the YMCA is subject to being searched by YMCA staff to ensure the safety of all participants.
- Inappropriate behavior will not be tolerated and may result in immediate suspension. This includes, but is not limited to, use of tobacco, consumption of alcohol, drug use, fighting, verbal put-downs, bullying, threats, public affection, obscenities or obscene gestures.
- You are expected to exhibit the YMCA core values of **caring, honesty, respect, and responsibility:**

YMCA Core Values

- **Respect:** Respect, even if you don't understand. There may be people in club or people that you will come across in life that you don't quite understand. You may have different interests, values, lifestyles and cultures. But whatever the differences, one thing you should have in common is your respect for each other.
- **Responsibility:** You may be young, but you are responsible for your life. This means looking at your past and learning the lessons from experience, looking at your future and thinking about what kind of impact you want to have; and looking at the world around you and seeing how you can use your talents, skills, and creativity to help improve the community and the world.
- **Honesty:** Be honest in your relationships. Whether it is your parents, best friend, boyfriend or girlfriend, teacher, advisor, or any other relationship in your life – try to make honesty a priority. Honesty leads to credibility, which leads to trust, which leads to a strong relationship.
- **Caring:** Caring about others is best illustrated through action. Volunteer to help out at home, at your branch, and in your community. Spend time doing something that you care about that benefits you and those around you.



This is an agreement between the Y Leader's Club program director and the program participant. By signing below, the participant (and parent/guardian of the participant), understand that failure to adhere to these rules and expectations may result in removal from the Y Leaders' Club program.

Participant's Signature: _____ **Date:** _____

Parent/Guardian's Signature: _____ **Date:** _____

Program Director's Signature: _____ **Date:** _____