

2025 Summer Camp Welcome Newsletter for Camp West Mar Overnight Camp

Welcome Note

Dear Camp Families,

We are excited to welcome you and your camper(s) to Camp West Mar Summer Overnight Camp 2025! Whether this is your first time joining us or you're returning for more adventures, we're happy to have you as part of our camp family. Nestled in the beautiful Catoctin Mountains, Camp West Mar is more than just a place—it's a community where friendships blossom, new skills are discovered, and lifelong memories are made.

To ensure a successful and fun experience for you and your camper(s), please take a moment to read through the important details in this email.

**If your camper(s) is also registered for day camp at Camp West Mar, our Downtown YMCA, Natelli Family YMCA or the Y Arts Center, be on the lookout for a separate email with more information specific to those locations, which may slightly from what is listed in this email.*

Alaris: New Software for Drop Off, Pick Up & Paperwork

This year, we will be using Alaris for our Camper Health Form & Waiver and to check your camper(s) in and out of camp each day. This software will require only the phone number of the parent/guardian/authorized pickup.

Alaris Account **REQUIRED** for 2025 Y Summer Camp

All campers must have a completed "Frederick County Summer Camp Form" on file through Alaris before attending their first day of Y Summer Camp. **Parent/guardian participation in this platform is required** in order to:

- Complete "Frederick County Summer Camp Form" for each camper(s)
- Add/remove authorized pickups
- Receive weekly and/or daily communications from Camp Leadership regarding camp schedule, severe weather and other important alerts

Creating your Alaris Account

1. Please, watch [THIS HOW-TO VIDEO](#) on how to create your Alaris account before moving on to step 2.
2. Click [HERE](#) to access the portal login. This process is best done on a computer.
3. After creating and accessing your Alaris account, complete the "Frederick County Summer Camp Form" for all children on your account who are registered for camp.
4. If you have any technical issues, please contact vanderson@frederickymca.org

Authorized Pickups

You can add authorized pickups for your camper(s) in Alaris; follow steps above.

Frederick County Summer Camp Form

You are required to complete your camper(s) "Frederick County Summer Camp Form" by logging into your Alaris account; follow steps above.

Medication Forms

See below for information regarding medications and forms.

[HOW TO VIDEO FOR CREATING YOUR ALARIS ACCOUNT](#)
[ALARIS PORTAL LOGIN](#)

Day Camp Hours & Schedule

- **Camp Hours:** Camp programs run from **9:00 AM to 4:00 PM** daily.
- **Drop off:** All overnight camp weeks begin on Sunday. Drop off for all ages is 3-4pm.
- **Pick up:** Depending on your campers week, pick up is either on Wednesday or Friday of that week. Pick up for all ages is from 4-5:30pm. Please let the camp director know at drop off if you will need to pick up your camper early.
- **Please see the Overnight Camp Park Handbook**, by clicking the link below, for more information on drop off, pick up, camp activities, and getting to camp.

Weather Policy

Camp will be held **RAIN OR SHINE**, please be sure that your camper dresses appropriately for the weather each day. In the event of extreme weather (such as torrential rain, storms, or extreme heat), camps will move indoors to ensure everyone stays safe and comfortable.

Swimming

Campers will enjoy swimming once each day at Camp West Mar, depending on weather. We have a shallow water, outdoor pool that ranges from 2-4ft in depth.

What to Bring - Overnight Camp

Please see the Overnight Camp Parent Handbook, by clicking the link below, for the recommended packing list.

What NOT to Bring

For the safety and enjoyment of all campers, **DO NOT bring:**

- Electronics (including cell phones and smartwatches)
- Personal belongings that could get lost or stolen
- Valuables

Important Reminders

- **Parent Handbook:** Please take a moment to **review the Parent Handbook**, linked in the button below, for additional camp information and policies.
- **Verify Your Registration:** Be sure to **check your account** to confirm the camps you are currently registered for to avoid any confusion.

[OVERNIGHT CAMP PARENT HANDBOOK](#)
[CHECK MY ACCOUNT](#)

Medications

If your camper is bringing any medications with them to camp, there are forms required to be completed for over-the-counter or prescription medications. The forms must be completed **IN FULL by a physician and a parent/guardian** for all medications: over-the-counter or prescription. Forms are linked in the buttons below or can be located on our website at frederickymca.com/camps under "Camp Information".

ALL medications MUST:

- Be in their original container (prescription and over-the-counter)
- Contain pharmacy prescription label (if it is a prescription medication)
- Be turned in directly to the Camp Coordinator (or other med certified staff) with the necessary completed form(s) linked below.

More information can be found on pages 7-8 in the Parent Handbook.

[GENERAL MEDICATION FORM](#)
[ASTHMA ACTION PLAN MEDICATION FORM](#)
[ALLERGY ACTION PLAN MEDICATION FORM](#)

Need assistance regarding camp registration, transfers, cancellations or billing?

Please reach out to our business office by completing the form linked in the button below.

[ASSISTANCE FOR REGISTRATION, BILLING, CANCELLATIONS, TRANSFERS](#)

Get ready to unplug, dive in, and experience all the joy that Camp West Mar has to offer. Let's make this summer the best one yet! Thank you for choosing Y Summer Camp!

With excitement,

The Camp West Mar Summer Camp Team

Questions or Concerns? Please contact:

Victoria Anderson, Director of Camp West Mar

Email: vanderson@frederickymca.org