



## TEAM CODE OF CONDUCT: ATHLETES

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior. By signing this code of conduct, I agree to the following statements:

- □ I will respect and show courtesy to my teammates and coaches at all times.
- □ I will come to practices and focus on improving my swimming abilities
- □ I will demonstrate good sportsmanship at all practices and meets.
- □ I will set a good example of behavior and work ethic for my younger teammates.
- □ I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- □ I will follow all rules and show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- □ I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- □ I will refrain from use of illegal drugs.
- □ If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- □ I will obey all of USA Swimming's rules and codes of conduct. (USA swimmers only)
- □ I will refrain from engaging in or encouraging any and all actions (either in person or via written or electronic communications) that are detrimental to the FCY organization or its members.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's board of directors.

Swimmer's signature

Parent's signature

Date

Date

Parents, if your swimmer cannot yet read and/or write, sign below to indicate that you have read each item out loud to your child and discussed its meaning.

Parent's signature