
CAPTIVE STANDARDS USS AAAA Yards

Girls 6 & Under									
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	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
25 Free	16.55	17.45	19.35	21.90	24.10	26.00	27.90	29.80
50 Free	31.49	35.29	39.09	42.79	46.50	50.29	54.09	57.80
25 Back	15.95	16.55	19.25	21.95	24.55	26.70	29.75	32.40
50 Back	35.49	36.69	42.29	47.29	52.19	56.19	1:01.99	1:06.99
25 Breast	18.00	18.95	21.85	24.75	27.65	30.45	33.35	36.40
50 Breast	39.89	41.79	47.59	53.29	59.09	1:04.89	1:10.69	1:16.49
25 Fly	18.80	21.45	24.05	26.75	30.79	32.00	36.25	39.10
50 Fly	34.39	36.39	42.09	47.79	53.69	59.09	1:05.19	1:10.99
100 IM	1:17.19	1:20.89	1:31.99	1:43.19	1:54.09	2:04.99	2:16.49	2:27.89

CAPTIVE STANDARDS USS AAAA Yards

Girls 7-8

	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
25 Free	13.95	14.55	16.45	18.45	20.20	22.30	24.00	25.90
50 Free	30.19	31.49	35.29	39.29	42.79	47.09	50.29	54.09
100 Free	1:04.19	1:07.69	1:10.49	1:20.19	1:29.79	1:39.49	1:49.19	1:58.89
25 Back	14.95	15.80	16.55	19.30	21.90	24.85	27.10	29.85
50 Back	33.59	35.29	36.86	42.09	47.19	53.59	58.59	1:02.09
25 Breast	17.15	18.10	18.95	21.85	24.70	27.65	30.30	33.30
50 Breast	37.89	38.89	41.79	47.59	53.29	59.09	1:04.59	1:10.29
25 Fly	15.20	16.15	19.05	22.00	24.00	27.05	29.45	32.25
50 Fly	32.39	34.39	36.39	41.99	47.79	53.29	59.39	1:05.19
100 IM	1:13.49	1:17.19	1:21.39	1:31.99	1:41.99	1:52.89	2:03.29	2:14.49

CAPTIVE STANDARDS USS AAAA Yards

Girls 9-10

	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
25 Free	12.60	13.25	13.90	14.50	16.40	18.30	21.10	22.00
50 Free	27.69	28.89	30.19	31.39	35.19	38.89	42.69	46.49
100 Free	1:00.99	1:04.19	1:07.29	1:10.49	1:19.99	1:29.59	1:39.49	1:49.19
200 Free	2:13.69	2:20.99	2:28.29	2:35.59	2:57.39	3:19.19	3:23.09	4:02.99
500 Free	5:54.29	6:11.09	6:27.99	6:44.89	7:35.49	8:26.09	9:13.39	10:04.69
25 Back	14.05	14.90	15.60	16.60	19.25	21.80	24.45	27.10
50 Back	31.59	33.29	34.99	36.69	41.89	46.99	51.99	56.99
100 Back	1:07.99	1:11.79	1:15.59	1:19.29	1:30.69	1:41.99	1:53.09	2:04.29
25 Breast	16.05	17.05	18.00	18.95	21.80	24.75	27.65	30.55
50 Breast	35.99	37.99	39.89	41.79	47.49	53.29	59.09	1:04.89
100 Breast	1:18.79	1:23.09	1:27.49	1:31.89	1:44.99	1:58.09	2:11.69	2:25.09
25 Fly	13.40	14.35	15.30	16.20	19.00	21.85	24.90	27.80
50 Fly	30.59	32.49	34.39	36.19	41.79	47.49	53.49	59.29
100 Fly	1:09.19	1:14.19	1:19.19	1:24.09	1:39.09	1:53.99	2:08.39	2:23.79
100 IM	1:09.79	1:13.49	1:17.09	1:20.79	1:31.69	1:42.59	1:54.09	2:05.09
200 IM	2:29.79	2:37.39	2:45.09	2:52.69	3:15.59	3:38.40	4:01.99	4:25.29

CAPTIVE STANDARDS USS AAAA Yards

Girls 11-12

	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
50 Free	25.59	26.79	27.89	29.09	31.49	33.79	36.19	38.49
100 Free	55.19	57.79	1:00.49	1:03.09	1:08.29	1:13.59	1:18.79	1:24.09
200 Free	2:00.89	2:06.69	2:12.39	2:18.19	2:29.69	2:41.19	2:54.79	3:05.89
500 Free	5:21.79	5:37.09	5:52.49	6:07.79	6:38.39	7:09.09	7:39.89	8:10.49
1000 Free	11:06.09	11:37.79	12:09.49	12:41.19	13:44.69	14:48.09	15:47.69	16:50.71
1650 Free	18:40.49	19:33.89	20:27.19	21:20.59	23:07.29	24:53.99	26:47.59	28:30.89
50 Back	28.79	30.09	31.49	32.89	35.59	38.29	41.29	43.99
100 Back	1:01.69	1:05.09	1:08.39	1:11.79	1:18.49	1:25.19	1:32.19	1:38.19
200 Back	2:12.49	2:18.79	2:25.09	2:31.39	2:43.99	2:56.59	3:12.29	3:27.99
50 Breast	32.29	33.89	35.39	36.89	39.99	43.09	47.99	52.79
100 Breast	1:09.99	1:13.49	1:16.99	1:20.39	1:27.39	1:34.39	1:41.69	1:48.99
200 Breast	2:32.39	2:38.59	2:46.89	2:54.09	3:08.59	3:23.09	3:37.89	3:52.29
50 Fly	27.59	28.89	30.19	31.49	34.09	36.69	39.49	42.29
100 Fly	1:01.29	1:04.69	1:08.09	1:11.49	1:18.29	1:25.09	1:32.19	1:39.09
200 Fly	2:15.69	2:22.09	2:28.59	2:34.99	2:47.89	3:00.89	3:13.89	3:26.99
100 IM	1:03.29	1:06.29	1:09.29	1:12.29	1:18.39	1:24.39	1:30.69	1:43.99
200 IM	2:15.59	2:21.99	2:28.49	2:34.89	2:47.79	3:00.69	3:13.79	3:26.89
400 IM	4:48.19	5:01.89	5:15.59	5:29.29	5:56.79	6:24.19	6:48.09	7:19.79

CAPTIVE STANDARDS USS AAAA Yards

Girls 13-14

	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
50 Free	24.49	25.69	26.79	27.99	30.29	32.69	35.09	37.49
100 Free	53.09	55.69	58.19	1:00.69	1:05.79	1:10.79	1:16.09	1:21.19
200 Free	1:54.89	2:00.39	2:05.79	2:11.29	2:22.19	2:33.19	2:43.79	2:55.59
500 Free	5:06.99	5:21.69	5:36.29	5:50.89	6:20.09	6:49.39	7:18.99	7:48.29
1000 Free	10:31.49	11:01.59	11:31.59	12:01.69	13:01.79	14:01.99	15:03.49	16:04.09
1650 Free	17:32.59	18:22.79	19:12.89	20:02.99	21:43.19	23:23.49	24:59.56	26:35.29
50 Back	28.41	31.40	33.39	35.00	36.15	38.35	43.55	52.00
100 Back	57.89	1:00.59	1:03.39	1:06.19	1:11.69	1:17.19	1:22.19	1:29.19
200 Back	2:05.49	2:11.49	2:17.39	2:23.39	2:35.39	2:47.29	2:59.01	3:12.09
50 Breast	32.40	33.95	35.00	37.10	38.30	39.50	45.85	54.05
100 Breast	1:06.49	1:09.69	1:12.89	1:15.99	1:22.39	1:28.69	1:35.89	1:41.99
200 Breast	2:23.99	2:30.89	2:37.69	2:44.59	2:58.29	3:11.99	3:25.49	3:39.39
50 Fly	26.95	28.35	29.75	31.15	33.90	36.60	39.55	42.35
100 Fly	57.89	1:00.59	1:03.39	1:06.19	1:11.69	1:17.19	1:22.94	1:28.54
200 Fly	2:07.59	2:13.59	2:19.69	2:25.79	2:37.89	2:50.09	3:03.09	3:15.69
100 IM	1:02.45	1:04.94	1:08.50	1:11.45	1:17.95	1:24.20	1:30.59	1:36.90
200 IM	2:07.59	2:13.59	2:19.69	2:25.79	2:37.89	2:50.09	3:02.99	3:15.49
400 IM	4:34.39	4:47.37	5:00.49	5:13.59	5:39.69	6:05.79	6:32.29	6:58.79

CAPTIVE STANDARDS USS AAAA Yards

Girls 15-16

	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
50 Free	24.09	25.19	26.39	27.49	29.79	32.09	34.48	36.78
100 Free	52.19	54.69	57.19	59.59	1:04.59	1:09.59	1:14.74	1:19.94
200 Free	1:52.39	1:57.79	2:03.09	2:08.49	2:19.19	2:29.89	2:40.89	2:51.79
500 Free	5:00.49	5:14.79	5:29.09	5:43.49	6:12.09	6:40.69	7:10.19	7:39.14
1000 Free	10:21.89	10:51.59	11:21.19	11:50.79	12:49.99	13:49.19	14:47.99	15:47.99
1650 Free	17:18.89	18:08.39	18:57.79	19:47.29	21:26.19	23:05.19	25:27.09	27:47.09
50 Back	26.40	27.75	29.15	30.50	33.19	35.95	38.65	40.95
100 Back	56.59	59.29	1:01.99	1:04.69	1:10.09	1:13.39	1:21.19	1:26.79
200 Back	2:03.09	2:08.99	2:14.79	2:20.69	2:32.39	2:44.09	2:56.79	3:07.89
50 Breast	30.85	32.40	33.95	35.40	38.60	41.75	44.90	47.27
100 Breast	1:05.19	1:08.29	1:11.39	1:14.49	1:20.69	1:26.89	1:33.50	1:39.29
200 Breast	2:21.09	2:27.89	2:34.59	2:41.29	2:54.69	3:08.19	3:21.69	3:35.09
50 Fly	26.45	27.80	29.15	30.50	33.20	35.95	38.80	41.65
100 Fly	56.49	59.19	1:01.89	1:04.59	1:09.99	1:18.39	1:20.69	1:26.79
200 Fly	2:05.09	2:10.99	2:16.99	2:22.89	2:34.89	2:46.79	2:58.89	3:10.99
100 IM	1:00.75	1:03.50	1:07.80	1:09.85	1:15.89	1:22.35	1:28.10	1:34.15
200 IM	2:06.09	1:59.99	2:18.19	2:24.19	2:36.19	2:48.19	3:00.74	3:12.94
400 IM	4:28.19	4:40.99	4:53.69	5:06.49	5:31.99	5:57.59	6:23.69	6:49.49

CAPTIVE STANDARDS USS AAAA Yards

Girls 17-18

	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
50 Free	23.59	24.69	25.89	26.99	29.19	31.49	33.89	36.19
100 Free	51.19	53.59	55.99	58.49	1:03.29	1:08.19	1:13.29	1:18.29
200 Free	1:51.49	1:56.79	2:02.09	2:07.39	2:17.99	2:28.59	2:39.39	2:49.59
500 Free	4:59.39	5:13.59	5:27.89	5:42.09	6:10.59	6:39.09	7:07.89	7:36.59
1000 Free	10:19.69	10:49.19	11:18.69	11:48.19	12:47.19	13:46.19	14:45.99	15:45.49
1650 Free	17:13.79	18:02.99	18:52.19	19:41.39	21:19.89	22:58.29	24:58.09	26:57.09
50 Back	26.00	27.40	28.70	30.10	32.75	35.10	38.35	41.10
100 Back	55.89	58.49	1:01.19	1:03.79	1:09.09	1:14.49	1:20.39	1:24.79
200 Back	2:00.89	2:06.69	2:12.49	2:18.19	2:29.69	2:41.19	2:53.09	3:05.09
50 Breast	30.20	31.75	33.35	34.95	37.45	41.10	44.25	47.40
100 Breast	1:04.39	1:07.49	1:10.59	1:13.59	1:19.79	1:25.89	1:32.29	1:38.59
200 Breast	2:18.69	2:25.29	2:31.89	2:38.49	2:51.79	3:04.99	3:18.69	3:32.19
50 Fly	25.95	27.34	28.55	29.90	32.65	35.25	37.95	40.65
100 Fly	55.59	58.29	1:00.89	1:03.59	1:08.89	1:14.19	1:19.59	1:24.79
200 Fly	2:03.29	2:09.19	2:14.99	2:20.89	2:32.59	2:44.39	2:56.29	3:08.19
100 IM	59.90	1:02.75	1:05.95	1:08.75	1:14.39	1:20.35	1:26.70	1:32.00
200 IM	2:04.29	2:10.19	2:16.09	2:21.99	2:33.79	2:45.69	2:58.29	3:10.39
400 IM	4:24.69	4:37.29	4:49.89	5:02.49	5:27.69	5:52.89	6:19.19	6:43.99

CAPTIVE STANDARDS USS AAAA Yards

Boys 6 & Under									
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	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
25 Free	16.15	17.10	19.85	21.70	23.55	25.30	27.20	29.05
50 Free	30.99	32.79	38.29	41.99	45.79	49.19	52.99	56.60
25 Back	16.04	16.85	19.65	22.25	25.10	27.50	30.25	33.00
50 Back	35.69	37.29	43.89	47.69	53.59	58.59	1:03.29	1:08.79
25 Breast	18.00	18.95	21.80	24.65	27.45	30.33	33.21	36.09
50 Breast	39.99	41.89	47.49	53.29	58.99	1:04.79	1:10.59	1:16.39
25 Fly	19.15	22.05	24.95	27.70	31.30	32.95	36.60	39.25
50 Fly	35.89	40.89	45.89	51.19	56.29	1:01.59	1:06.89	1:12.19
100 IM	1:17.89	1:21.69	1:32.49	1:44.89	1:54.99	2:05.89	2:17.09	2:28.49

CAPTIVE STANDARDS USS AAAA Yards

Boys 7-8									
	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK	
25 Free	13.70	14.35	16.15	18.00	19.85	21.40	23.50	25.35	
50 Free	29.79	30.99	34.69	38.29	41.99	44.99	49.29	52.99	
100 Free	1:06.79	1:09.79	1:19.89	1:27.69	1:37.09	1:46.09	1:55.39	2:04.59	
25 Back	15.00	15.95	16.80	19.55	22.35	24.95	27.80	30.55	
50 Back	33.89	35.59	37.09	42.19	48.29	54.19	59.19	1:03.29	
25 Breast	17.05	18.00	18.75	21.75	24.55	27.45	30.43	33.21	
50 Breast	37.99	39.19	41.89	47.79	53.19	59.79	1:04.79	1:10.59	
25 Fly	15.40	16.30	19.15	22.40	24.95	27.85	29.95	33.00	
50 Fly	33.89	35.59	40.79	45.79	51.09	56.29	1:01.39	1:06.99	
100 IM	1:13.64	1:17.79	1:21.99	1:32.49	1:42.69	1:54.29	2:05.79	2:16.89	

CAPTIVE STANDARDS USS AAAA Yards

Boys 9-10

	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
25 Free	12.55	13.15	13.75	14.35	16.15	17.90	19.80	21.65
50 Free	27.39	28.59	29.79	30.99	34.49	38.09	41.89	45.59
100 Free	1:00.59	1:03.69	1:06.69	1:09.69	1:18.79	1:27.79	1:37.19	1:47.39
200 Free	2:10.69	2:16.89	2:23.09	2:29.39	2:47.99	3:06.69	3:25.99	3:44.29
500 Free	5:47.69	6:04.19	6:20.79	6:37.39	7:26.99	8:16.69	9:03.89	9:54.49
25 Back	14.10	15.00	15.89	16.80	19.60	22.20	24.95	27.80
50 Back	31.79	33.59	35.29	37.09	42.39	47.69	53.39	58.89
100 Back	1:08.69	1:12.19	1:15.69	1:19.19	1:29.69	1:40.19	1:51.24	2:02.04
25 Breast	16.00	16.95	17.90	18.75	21.65	24.50	27.25	30.20
50 Breast	35.49	37.29	39.19	40.99	46.59	52.09	58.09	1:04.09
100 Breast	1:18.39	1:22.39	1:26.29	1:30.19	1:41.89	1:53.59	2:05.99	2:17.99
25 Fly	13.35	14.25	15.10	16.10	18.60	21.05	23.90	26.30
50 Fly	30.29	31.99	33.69	35.39	40.49	45.69	51.09	56.39
100 Fly	1:10.09	1:14.99	1:19.89	1:24.79	1:39.39	1:54.09	2:09.19	2:23.99
100 IM	1:09.59	1:12.89	1:16.19	1:19.49	1:29.39	1:39.39	1:49.79	1:59.79
200 IM	2:28.69	2:36.19	2:43.59	2:50.99	3:13.19	3:35.49	3:57.09	4:19.89

CAPTIVE STANDARDS USS AAAA Yards

Boys 11-12

	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
50 Free	24.49	25.59	26.70	27.89	30.29	32.59	35.09	37.39
100 Free	53.29	55.79	58.29	1:00.89	1:05.89	1:10.99	1:16.19	1:21.29
200 Free	1:56.79	2:02.39	2:07.89	2:13.49	2:24.59	2:35.69	2:46.99	2:58.89
500 Free	5:12.99	5:27.89	5:42.79	5:57.69	6:27.49	6:57.29	7:27.69	7:58.09
1000 Free	10:54.39	11:25.59	11:56.79	12:27.89	13:30.19	14:32.59	15:38.09	16:42.09
1650 Free	18:16.39	19:08.59	20:00.79	20:52.99	22:37.49	24:21.89	26:11.09	27:59.09
50 Back	27.99	29.39	30.89	32.29	35.29	38.19	41.19	44.89
100 Back	59.59	1:02.79	1:06.09	1:09.29	1:15.79	1:22.19	1:29.99	1:35.69
200 Back	2:09.49	2:15.69	2:21.79	2:27.99	2:40.29	2:52.69	3:05.49	3:18.29
50 Breast	31.09	32.79	34.49	36.19	39.59	42.89	46.39	49.89
100 Breast	1:07.79	1:11.29	1:14.89	1:18.39	1:25.49	1:32.49	1:38.09	1:45.39
200 Breast	2:26.19	2:33.19	2:40.09	2:47.09	3:00.99	3:14.89	3:30.09	3:44.49
50 Fly	26.79	28.19	29.69	31.19	34.19	37.09	40.09	43.09
100 Fly	59.39	1:02.79	1:06.19	1:09.59	1:16.49	1:23.29	1:30.59	1:37.69
200 Fly	2:12.49	2:18.79	2:25.09	2:31.39	2:43.99	2:56.59	3:11.09	3:23.99
100 IM	1:01.29	1:03.29	1:06.19	1:09.59	1:16.39	1:23.29	1:29.09	1:35.09
200 IM	2:10.89	2:17.49	2:24.19	2:30.89	2:44.19	2:57.59	3:11.59	3:25.29
400 IM	4:39.79	4:53.19	5:06.49	5:19.79	5:46.39	6:13.09	6:40.89	7:08.29

CAPTIVE STANDARDS USS AAAA Yards

Boys 13-14

	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
50 Free	22.49	23.59	24.69	25.69	27.89	29.99	32.19	34.39
100 Free	49.19	51.59	53.89	56.29	1:00.89	1:05.59	1:10.49	1:15.19
200 Free	1:47.29	1:52.39	1:57.49	2:02.59	2:12.79	2:22.99	2:33.09	2:43.49
500 Free	4:49.99	5:03.79	5:17.59	5:31.39	5:58.99	6:26.59	6:54.64	7:22.54
1000 Free	10:00.89	10:29.49	10:58.09	11:26.69	12:23.89	13:21.19	14:19.39	15:17.49
1650 Free	16:44.19	17:31.99	18:19.79	19:07.59	20:43.89	22:18.89	23:54.49	25:30.79
50 Back	25.30	26.55	27.80	29.25	31.75	34.40	37.62	39.37
100 Back	54.09	56.59	59.19	1:01.79	1:06.89	1:12.09	1:17.59	1:22.34
200 Back	1:57.79	2:03.49	2:09.09	2:14.69	2:25.89	2:37.09	2:48.99	3:00.39
50 Breast	28.80	30.15	31.65	33.10	36.05	39.05	42.05	45.15
100 Breast	1:01.09	1:03.99	1:06.89	1:09.79	1:15.59	1:21.39	1:27.59	1:32.59
200 Breast	2:13.79	2:20.09	2:26.49	2:32.89	2:45.59	2:58.39	3:11.64	3:24.64
50 Fly	24.95	26.25	27.50	28.80	31.40	33.95	36.25	39.05
100 Fly	53.59	56.09	58.69	1:01.29	1:06.39	1:11.49	1:16.89	1:22.09
200 Fly	1:58.79	2:04.39	2:10.09	2:15.69	2:26.99	2:38.29	2:50.49	3:02.09
100 IM	57.90	1:00.70	1:03.80	1:07.70	1:12.34	1:18.05	1:24.45	1:30.15
200 IM	1:59.99	2:05.69	2:11.39	2:17.19	2:28.59	2:39.99	2:51.79	3:03.39
400 IM	4:16.39	4:28.59	4:40.79	4:52.99	5:17.39	5:41.79	6:07.69	6:32.79

CAPTIVE STANDARDS USS AAAA Yards

Boys 15-16

	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
50 Free	21.69	22.69	23.69	24.79	26.79	28.89	30.99	33.09
100 Free	47.19	49.39	51.69	53.89	58.39	1:02.89	1:07.79	1:12.09
200 Free	1:42.99	1:47.89	1:52.79	1:57.69	2:07.49	2:17.29	2:27.09	2:37.09
500 Free	4:39.49	4:52.79	5:06.09	5:19.39	5:45.99	6:12.59	6:29.59	6:46.69
1000 Free	9:39.79	10:07.39	10:34.99	11:02.59	11:57.79	12:52.99	13:48.29	14:44.29
1650 Free	16:11.59	16:57.79	17:44.09	18:30.39	20:02.89	21:35.39	23:11.29	24:44.14
50 Back	23.95	25.15	26.35	27.60	29.95	32.40	35.05	37.60
100 Back	52.29	53.79	56.19	58.59	1:03.49	1:08.39	1:13.94	1:19.94
200 Back	1:52.39	1:57.79	2:03.09	2:08.49	2:19.19	2:29.89	2:41.04	2:52.04
50 Breast	27.50	28.90	29.80	31.55	34.40	37.25	40.25	43.05
100 Breast	58.19	1:00.99	1:03.79	1:06.49	1:12.09	1:17.59	1:23.89	1:31.39
200 Breast	2:06.49	2:12.59	2:18.59	2:24.59	2:36.59	2:48.69	3:01.59	3:14.09
50 Fly	23.75	24.90	26.20	27.45	29.85	32.35	34.97	37.40
100 Fly	51.19	53.69	56.09	58.59	1:03.39	1:08.29	1:13.94	1:18.44
200 Fly	1:53.59	1:58.99	2:04.39	2:09.79	2:20.59	2:31.39	2:40.39	2:51.99
100 IM	55.15	58.35	1:00.80	1:05.45	1:19.80	1:14.45	1:20.85	1:27.42
200 IM	1:54.59	2:01.29	2:05.49	2:10.89	2:21.79	2:32.69	2:44.49	2:55.60
400 IM	4:06.79	4:18.59	4:30.29	4:42.09	5:05.59	5:29.09	5:51.84	6:13.89

CAPTIVE STANDARDS USS AAAA Yards

Boys 17-18

	GOLD	SLVR	PURP	BLU	RED	YEL	ORG	BLK
50 Free	20.99	21.99	22.99	23.99	25.99	27.99	29.99	31.99
100 Free	46.09	48.29	50.39	52.59	56.99	1:03.39	1:06.09	1:10.59
200 Free	1:40.99	1:45.79	1:50.59	1:55.39	2:05.09	2:14.69	2:24.69	2:34.39
500 Free	4:34.29	2:27.39	5:00.39	5:13.49	5:39.59	6:05.69	6:31.99	6:57.99
1000 Free	9:35.59	10:02.99	10:30.39	10:57.89	11:52.69	12:47.49	13:31.69	14:36.09
1650 Free	15:54.89	16:40.39	17:25.89	18:11.29	19:42.29	21:13.19	22:46.09	24:17.29
50 Back	23.20	24.25	25.40	26.70	29.10	31.65	33.90	35.35
100 Back	49.69	52.09	54.39	56.79	1:01.49	1:06.29	1:11.19	1:16.09
200 Back	1:49.69	1:54.89	2:00.09	2:05.29	2:15.79	2:26.19	2:22.09	2:47.49
50 Breast	26.65	28.05	29.40	30.60	33.40	36.60	39.10	41.90
100 Breast	56.89	59.59	1:02.39	1:05.09	1:10.49	1:15.89	1:23.30	1:28.69
200 Breast	2:04.19	2:10.09	2:15.99	2:21.89	2:33.79	2:45.59	2:57.89	3:09.09
50 Fly	22.99	24.10	25.15	26.55	28.80	31.15	33.45	34.95
100 Fly	49.39	51.79	54.09	56.49	1:01.19	1:05.89	1:10.79	1:15.59
200 Fly	1:51.39	1:56.69	2:02.09	2:07.39	2:17.99	2:28.59	2:39.59	2:50.29
100 IM	53.95	56.70	59.20	1:01.90	1:08.15	1:13.45	1:19.60	1:24.10
200 IM	1:52.59	1:57.99	2:03.29	2:08.69	2:19.39	2:30.09	2:42.00	2:53.09
400 IM	4:00.69	4:12.19	4:23.69	4:35.09	4:57.99	5:20.99	5:46.09	6:08.69