

Welcome to Y Summer Camp 2026!

Dear Camp Families,

Welcome to Week 8! We are looking forward to our eighth week of the 2026 camp season! We're so excited to host your child and look forward to this being the summer they never forget. Please remember to assist your camper in wearing weather appropriate clothing each day (hat, light weight clothing) and be prepared for any changes to our processes due to inclement weather this week.

To stay up to date, visit the [camp page](#) on our website for all general camp related information and medication forms. You can also find the links for our Parent Handbook and more here: [YMCA Forms and Resources](#)

Prior to your first day of camp, review the [Parent Handbook](#) for **important** camp policies including drop off and pick up information for each location. You can find information about creating your **Alaris account** and adding authorized pick ups – critical for a smooth drop off and pick up [HERE](#). We will also use Alaris to alert you of indoor pick up due to inclement weather, or other important updates. At each location, our Camp Coordinators are available daily to help with any questions you may have.

Helpful Hint: Pack your campers swimsuit in their backpack for Monday so that you don't forget it on their swim day!

Reminder; We only allow Coast Guard approved flotation devices for use in our pools. Please check the inside of your child's flotation device to ensure it is marked as Coast Guard approved.

See below for your specific camp swim day/times:

Downtown Y

Camp Experience (ages 6-8) - Monday 1-2pm

Camp Experience (ages 9-11) - Monday 2-3pm

Cooking - Wednesday 2-3pm

Lego Builders - Thursday 11-12pm

Solar Systems - Friday 2-3pm

Sports Unlimited (ages 6-8) - Tuesday 1-2pm

Sports Unlimited (ages 9-11) - Tuesday 2-3pm

Parent Handbook

Check My YMCA Account

For drop-off and pick-up at all Downtown Camps: Please enter the parking lot off Market Street and follow the signs around to the left of the building. Please remain in your car during this time to keep traffic flowing smoothly. Staff will assist you child exiting and entering your vehicle.

If dropping off **after 9am** or picking up **before 4pm**, you must park and enter the Y through the main entrance and check your child in with our membership services staff.

We are looking forward to an amazing week filled with fun, friendship and learning. Thank you for choosing Y Summer Camp!

Warm regards,
The Y Summer Camp Team

Questions or Concerns? Please contact:
Camp2026@frederickymca.org