

# YMCA OF FREDERICK COUNTY RE-OPENING PLAN

We are excited to see you when we re-open on June 19 and we want to be sure that you know what will be available when we open our doors. Please keep in mind that there are limitations in every area that is re-opening, so be sure to visit our website at [frederickymca.org/reopening-guide](http://frederickymca.org/reopening-guide) to familiarize yourself with our new policies.

## TABLE KEY

- Opening Friday, June 19 at 5pm
- Opening Monday, June 22
- Opening Monday, June 29
- Opening Monday, July 6
- Opening in subsequent, tiered phases

	DOWNTOWN Y	GREEN VALLEY
<b>WELLNESS CENTER</b>		
Cardio Equipment	<span style="color: teal;">●</span>	<span style="color: teal;">●</span>
Strength Training Equipment	<span style="color: teal;">●</span>	<span style="color: teal;">●</span>
<b>FACILITY FEATURES</b>		
Group Exercise Studios	<span style="color: purple;">●</span>	<span style="color: red;">●</span>
Cycle Studio	<span style="color: red;">●</span>	
Gymnasium	<span style="color: red;">●</span>	
Indoor Track	<span style="color: teal;">●</span>	
Locker Rooms* (Swimmers Only)	<span style="color: orange;">●</span>	
Outdoor Playground	<span style="color: red;">●</span>	
Racquetball Court	<span style="color: orange;">●</span>	
Sauna	<span style="color: red;">●</span>	
Steam Room	<span style="color: red;">●</span>	
Youth Center	<span style="color: red;">●</span>	
<b>POOLS</b>		
Ritchie Pool/Lap Swim	<span style="color: orange;">●</span>	
Fisher Pool	<span style="color: blue;">●</span>	
Whirlpool	<span style="color: red;">●</span>	
Competitive Swim Team	<span style="color: blue;">●</span>	
<b>PROGRAMS &amp; SERVICES</b>		
Adult Sports & Leagues	<span style="color: purple;">●</span>	
Child Watch	<span style="color: blue;">●</span>	<span style="color: red;">●</span>
Early Learning Center	<span style="color: teal;">●</span>	<span style="color: teal;">●</span>
Outside Group Exercise Classes	<span style="color: teal;">●</span>	<span style="color: teal;">●</span>
Limited Indoor Group Exercise Classes	<span style="color: purple;">●</span>	<span style="color: purple;">●</span>
Personal Training	<span style="color: teal;">●</span>	<span style="color: teal;">●</span>
Pickeball	<span style="color: purple;">●</span>	<span style="color: purple;">●</span>
Summer Day Camp	<span style="color: orange;">●</span>	<span style="color: orange;">●</span>
Youth Sports	<span style="color: purple;">●</span>	
Water Fitness Classes	<span style="color: purple;">●</span>	
Guests/Visitors	<span style="color: red;">●</span>	<span style="color: red;">●</span>

\*Locker rooms are available for pool users only.