

WINTER BREAK CAMPS



Please Register by December 17th

Sports Unlimited Camp

Session: 1806

Program Code: 5Y44WCAMP

Ages 6-12

Join us during the holiday break for a winter version of our summer day camp program! So many sports - so little time. A wide variety of sports will be played and each day is a different sport experience. Fitness, teamwork and fun are emphasized. Campers will primarily be in the gymnasium and play indoor based games. Campers will also participate in a few additional recreational activities and have the opportunity to swim throughout the week.

Dates December 26-28

Camp Hours 9:00am-4:00pm

Before & After Care Hours 7:00-9:00am & 4:00-6:00pm

Member/Non-Member Rate \$114/132

Green Valley Y Rate \$123

For questions: call Ryan Murphy, Youth Development Program Director at 301-663-5131 ext. 1280 or email at: rmurphy@frederickymca.org

YMCA OF FREDERICK COUNTY
1000 North Market Street
Frederick, MD 21701
301-663-5131

Cooking Camp

Session: 1806

Program Code: 5Y54WCOOK

Ages 10-16

Join us as we cook up some fun over winter break! Campers will sharpen their cooking and baking skills by learning necessary techniques. We'll also include some winter fun with ingredients, get familiar with different kitchen equipment, cover kitchen safety, and discuss the importance of nutrition too! The chefs will sample everything they prepare and may bring home a treat or two as well.

Dates December 26-28

Camp Hours 9:00am-4:00pm

Before & After Care Hours 7:00-9:00am & 4:00-6:00pm

Member/Non-Member Rate \$120/138

Green Valley Y Rate \$129

Camp Hours will take place at the YMCA's Teaching Kitchen located at 629 N. Market Street.

www.frederickymca.org



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