

WELCOMING WEEK SCHEDULE OF EVENTS

Welcoming Week is full of special events, internationally-themed group exercise classes, and culturally relevant crafts for the kids. *(Reservations are recommended for Group Ex Classes. Schedule subject to change.)*

ALL WEEK

FREE GUEST PASS

During Welcoming Week, the YMCA is open to the public! Stop by and discover all the programs, classes, and opportunities the Y has to offer.

WORLD MAP

Show us where you're from by placing a sticker on your country of origin.



TIME	ACTIVITY	LOCATION	
FRIDAY, SEPTEMBER 12TH			
6 PM TO 8 PM	Autumn Renewal: Outdoor Yoga Night and Sound Bath Experience Free to Members and 5 dollars for Potential Members Please register for this session ahead of time.	DOWNTOWN Y	Pavilion at Downtown Y
SATURDAY, SEPTEMBER 13TH			
All Day	FunZone craft: KOALA CRAFT	DOWNTOWN Y NATELLI Y	Funzone
YMCA AT “IN THE STREETS”			
SUNDAY, SEPTEMBER 14TH			
All Day	FunZone craft: AFRICAN MASK	DOWNTOWN Y NATELLI Y	Funzone
MONDAY, SEPTEMBER 15TH			
All Day	FunZone craft: HENNA HANDS	DOWNTOWN Y NATELLI Y	Funzone
8-10:00 AM	“World Tour” Aqua Workout with Sandi	DOWNTOWN Y	Ritchie Pool
3:30-4:30 PM	Masa: From Science to Tradition / Damaris Jackson, Community Outreach and Advocacy Director at M.E.T.A.S. STEM, LLC	NATELLI Y	
6:45-7:45 PM	Cardio Dance International Beats with Cynthia	DOWNTOWN Y	Studio A
TUESDAY, SEPTEMBER 16TH			
All Day	FunZone craft: PIÑATA CRAFT	DOWNTOWN Y NATELLI Y	Funzone
8-9:55 AM	Active Older Adult Fitness “Be Kind to Everyone” with Dessie	DOWNTOWN Y	Studio A & C
WEDNESDAY, SEPTEMBER 17TH			
All Day	FunZone craft: SAFARI BINOCULARS AND HAT	DOWNTOWN Y NATELLI Y	Funzone
8-10:00 AM	“World Tour” Aqua Workout with Sandi	DOWNTOWN Y	Ritchie Pool
10:15 AM-12:30 PM	Active Older Adult Fitness “Be Kind to Everyone” with Dessie	NATELLI Y	Studio B & A
THURSDAY, SEPTEMBER 18TH			
All Day	FunZone craft: SUITCASE ART	DOWNTOWN Y NATELLI Y	Funzone
8-10:00 AM	“World Tour” Aqua Workout with Sandi	DOWNTOWN Y	Ritchie Pool
8-11:00 AM	Active Older Adult Fitness “Be Kind to Everyone” with Dessie	NATELLI Y	Studio A & C
FRIDAY, SEPTEMBER 19TH			
All Day	FunZone craft: PASSPORTS	DOWNTOWN Y NATELLI Y	Funzone
8-10:00 AM	“World Tour” Aqua Workout with Sandi	DOWNTOWN Y	Ritchie Pool
8-11:00 AM	“Get to Know You” Aqua with Annie	NATELLI Y	Competition Pool
4-5:00 PM	Active Older Adult Fitness “Be Kind to Everyone” with Dessie	NATELLI Y	Studio B & A
4-5:00 PM	Elotes for a Day Cooking Class: ALL AGES WELCOME	NATELLI Y	Kitchen
7:30 PM	Movie – Encanto – FREE POPCORN PROVIDED	NATELLI Y	Outdoor Amphitheater

SATURDAY
SEPTEMBER 20TH
3-7 PM

URBANA LATINO FESTIVAL: NATELLI YMCA

The festival is a celebration of Latino culture and will include live music, food, dancing, and children's activities.

